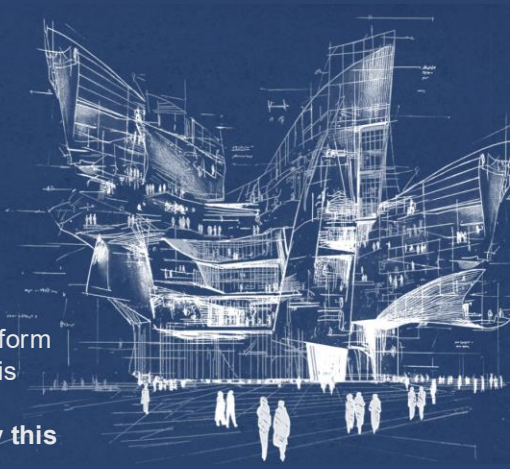


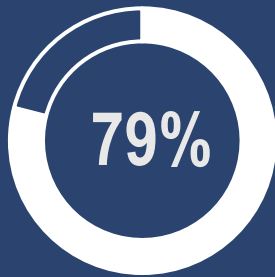
2025

Work Trend Index Bay Area

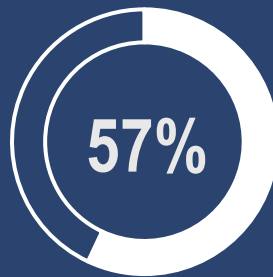
We are entering a new reality—one in which AI can reason and solve problems in remarkable ways. This intelligence on tap will rewrite the rules of business and transform knowledge work as we know it. Like the Industrial Revolution and the internet era, this transformation will take decades to show its full promise—and will bring broad technological, societal, and economic change. **In the Bay Area, 89% of leaders say this is a pivotal year to rethink core strategies and operations.**



Both leaders and employees are maxed out, but business demands continue to rise. Many see AI agents as the way forward.



79% of the Bay Area workforce – employees and leaders – say they lack enough time to do their work



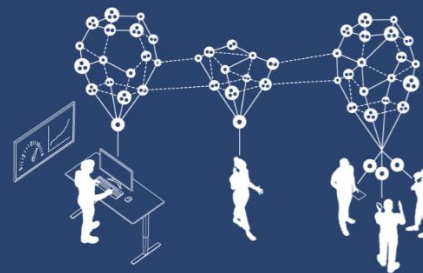
57% of Bay Area leaders say productivity needs to increase



90% of Bay Area leaders expect to use AI agents to meet the demand for more workforce capacity in the next 12-18 months



Employees are interrupted **275x per day** by a meeting, email, or chat - once every 2 minutes during work hours



77% of leaders in the Bay Area are familiar or extremely familiar with AI agents.

Only **48%** of employees say the same.

49% of managers in the Bay Area expect AI upskilling to become a key responsibility for their teams in the next five years.

Employees say they turn to AI rather than a colleague because

50%

It's available 24/7

32%

Speed and quality of work

25%

Unlimited creative ideas